

ROBIN TIERNEY LOVES

PASTA TURNED SUPERFOOD!

Ah, past-aaahhh! Any excuse to eat it, I will — and Cybele's Free-to-Eat Superfood Veggie Pasta gave me plenty of excuses.

First, this new rotini line is high in protein and composed of vegetables, so I count it as a whole meal.

Second, it's gluten-free.

Third and so on, its 5 varieties packed with superfood ingredients rock: Superfood Green (kale, spinach, broccoli, green lentils)...Superfood Orange (pumpkin, butternut squash, red lentils)...Superfood Red (tomatoes, red bell pepper, red lentils)...Superfood White (cauliflower, parsnips, green lentils)...and Superfood Purple (beets, sweet potatoes, carrots, red lentils).

And they're vegan, kosher, grain-free, gluten-free, high-protein and NonGMO project verified.



Pasta innovator Cybele Pascal's inspiration was her son. Lennon has food allergies, and his fave food is guess what?

These twisted veggie vittles are easy to cook to a nice al dente; rinse immediately to avoid clumping. All I added: a dash of salt and a splash of oil. Look ma, no leftovers!

MORE INFO:

\$4.49 per 8 oz. box. Where to buy it www.cybelesfreetoeat.com



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SUPERSIZED HOLIDAY FOOD & TRAVEL

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